

Cowgirls

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Choregraphie par : French Cowgirls (Séverine Fillion – Chrystel Durand – Texasval)

Description : 56 temps, 2 murs, Intermediaire, Novembre 2017

Musique : « I Wanna Be A Farmer » by Sunny Cowgirls



Intro : 32 counts

[1-8] TRIPLE RIGHT SIDE, SAILOR STEP, SAILOR STEP, TOUCH, 1/4 TURN AND KICK

- 1&2 Triple step right – left – right to the right side
- 3&4 Left cross behind right, right to right, left to left
- 5&6 Right cross behind left, left to left, right to right
- 7-8 Touch left next to right, Turn 1/4 left with left Kick fwd 9 :00

[9-16] COASTER STEP, TRIPLE FORWARD, KICK BALL TOUCH, HEEL FAN

- 1&2 Left step back, right next to left, left step fwd
- 3&4 Triple step right – left – right fwd
- 5&6 Kick left fwd, left next to right, touch right toe fwd (keep right knee bend)
- &7&8 Swivel right heel to the right, recover right heel to center (x 2)

[17-24] TRIPLE RIGHT SIDE, 1/4 TRIPLE LEFT SIDE, 1/4 TRIPLE RIGHT SIDE, 1/4 TRIPLE LEFT SIDE

- 1&2 Triple step right – left – right to the right side 9 :00
- 3&4 1/4 Turn left and Triple step left – right – left to left side 6 :00
- 5&6 1/4 Turn left and Triple step right – left – right to right side 3 :00
- 7&8 1/4 Turn left and Triple step left – right – left to left side 12 :00

[25-32] ROCK FWD, TRIPLE FULL TURN, ROCK FWD, TRIPLE 1/2 TURN

- 1-2 Rock fwd on right, recover on left
- 3&4 Triple step right – left – right in place full turning right 12 :00
- 5-6 Rock fwd on left, recover on right
- 7&8 1/4 T left stepping left to left, right next to left, 1/4 T left stepping left fwd 6 :00

[33-40] ROCK FWD, HEEL SWITCHES, ROCK FWD, COASTER STEP

- 1-2 Rock fwd on right, recover on left
- &3 Right next to left, left heel fwd
- &4 Recover on left, right heel fwd
- & Recover on right next to left
- 5-6 Rock fwd on left, recover on right
- 7&8 Left step back, right next to left, left step fwd

[41-48] 1/4 TURN & SIDE, TOUCH, KICK BALL CROSS x 2, SIDE POINT SWITCH

- 1-2 1/4 turn left with large right side step, Touch left next to right 3 :00
3&4 Kick left, left ball next to right, right cross over left
5&6 Kick left, left ball next to right, right cross over left
7&8 Touch left toe to left side, recover on left, Touch right toe to right side

[49-56] CROSS ROCK, TOGETHER, CROSS ROCK, TOGETHER, HEEL GRIND 1/4 T, ROCK BACK

- 1-2& Cross Rock right over left, recover on left, right next to left (&)
3-4& Cross Rock left over right, recover on right, left next to right (&)
5-6 Grind right heel on the floor and swivel right toe to the right 1/4 turning right 6 :00
7-8 Rock back on right, recover on left

TAG : At the end of walls 1 & 3 (facing 6 :00), do this 8 counts before starting the dance at the beginning

At the end of wall 5 (facing 6 :00), do 3 times this Tag before starting the dance at the beginning

[1-8] STOMP, HOLD, STOMP, HOLD, JAZZ BOX CROSS

- 1-2 Stomp right, Hold
3-4 Stomp left, Hold
5-6-7-8 Right cross over left, left step back, right to right, left cross over right

FINAL : Make a Triple full turn left on counts 7&8 on 4th section (instead of triple 1/2 turn)

HAVE FUN !

(862)